BEFORE THE ARIZONA BOARD OF OSTEOPATHIC EXAMINERS IN MEDICINE AND SURGERY

3 IN THE MATTER OF: Case Nos.: DO-15-0118A, 4 DO15-0228A & DO-16-0068A William Curtis Stonecipher, D.O. 5 CONSENT AGREEMENT FOR VOLUNTARY SURRENDER OF Holder of License No. 0468 for the practice of 6 LICENSE TO PRACTICE osteopathic medicine in the State of Arizona OSTEOPATHIC MEDICINE 7 8

1

2

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

CONSENT AGREEMENT

By mutual agreement and understanding, between the Arizona Board of Osteopathic Examiners in Medicine and Surgery ("Board") and William Curtis Stonecipher, D.O. ("Respondent"), the parties agree to the following disposition of this matter.

- 1. Respondent has read and understands this Consent Agreement and the Findings of Fact, Conclusions of Law and Order ("Consent Agreement"). Respondent acknowledges that he has the right to consult with legal counsel regarding this matter and has done so or chooses not to do so.
- 2. By entering into this Consent Agreement, Respondent voluntarily relinquishes any rights to a hearing or judicial review in state or federal court on the matters alleged, or to challenge this Consent Agreement in its entirety as issued by the Board, and waives any other cause of action related thereto or arising from said Consent Agreement.
- 3. This Consent Agreement is not effective until approved by the Board and signed by its Executive Director.
- 4. This Consent Agreement, or any part thereof, may be considered in any future disciplinary action against Respondent or in any decision relating to whether to approve future licensing applications submitted by Respondent.
- 5. This Consent Agreement does not constitute a dismissal or resolution of other matters currently pending before the Board, if any, and does not constitute any waiver, express

22

23

24

25

or implied, of the Board's statutory authority or jurisdiction. The acceptance of this Consent Agreement does not preclude any other agency, subdivision or officer of this State from instituting other civil or criminal proceedings with respect to the conduct that is the subject of this Consent Agreement.

- 6. All admissions, if any, made by Respondent are solely for final disposition of this matter and any subsequent administrative proceedings or litigation involving the Board, Respondent and the state of Arizona; and, therefore, any admissions by Respondent are not intended for any other purpose or administrative regulatory proceeding or litigation in another state or federal court.
- 7. Upon signing this agreement, and returning this document (or a copy thereof) to the Board's Executive Director, Respondent may not revoke the acceptance of the Consent Agreement. Respondent may not make any modifications to the document. Any modifications to this original document are ineffective and void unless mutually approved by the parties.
- 8. If the Board does not adopt this Consent Agreement, Respondent shall not assert as a defense that the Board's consideration of this Consent Agreement constitutes bias, prejudice, prejudgment or other similar defense.
- 9. This Consent Agreement, once approved and signed, is a public record that will be publicly disseminated as a formal action of the Board and will be reported to the National Practitioner Data Bank and to the Board's website.
- 10. If any part of the Consent Agreement is later declared void or otherwise unenforceable, the remainder of the Consent Agreement in its entirety shall remain in force and effect.

REVIEWED AND ACCEPTED THIS J DAY OF Morenle 2016.

William Curtis Stonecipher, D.O.

2

JURISDICTIONAL STATEMENTS

- 1. The Board is empowered, pursuant to A.R.S. § 32-1800, et seq., to regulate the licensing and practice of osteopathic medicine in the state of Arizona.
- 2. Respondent holds license no. 0468 issued by the Board to practice as an osteopathic physician.

FINDINGS OF FACT

Case No. DO 15-0118A

- 3. A physician filed a complaint with the Board against Respondent alleging that he inappropriately prescribed medication to a patient with a known history of physical dependence.
- 4. The matter involves patient E.K.G., a 35 year old female, who was first seen by Respondent on October 2, 2014 to become established as a new patient. Her stated current medications were Soma three times per day. Her past medical history was significant for chronic neck and shoulder pain due to an MVA in September of 2014. A full history and physical was performed and the patient was diagnosed with a whiplash cervical injury and head trauma.
- 5. Respondent prescribed E.K.G. oxycodone 15mg four times per day #30 and Soma three times per day #30. She was asked to return in one week. A UDS performed that day was positive for Soma, Restoril, Serax, Klonopin and oxycodone which was inconsistent with the patient's stated medication of Soma.
- 6. The patient returned on October 22, 2014, complaining of insomnia. The inconsistent UDS was not discussed. A physical exam was completed and Respondent prescribed Klonopin 330, oxycodone 30mg #30, Soma #30, Ultram 50mg #30 and Restoril 15mg #30.
- 7. The patient returned on November 24, 2014, for refills of her medications. She was complaining of nausea, bodyaches, cough, fever and diarrhea. She noted she would be unable to leave a UA due to heavy diarrhea. Her medications were refilled and she was started on Tamiflu.

- 8. The patient returned on December 24, 2014, for refills of her medications. She complained of continued problems with insomnia. Respondent prescribed Lunesta 2mg #30 and Xanax 0.5mg #30.
- 9. The patient returned on January 19, 2015, for refills. The Klonopin, Xanax, oxycodone and Soma were refilled by Respondent.
- 10. There was documentation of a phone call on February 4, 2015. It was noted that Respondent had written for Klonopin 1mg #90 but the pharmacy did not have them so they gave her Klonopin 2mg and instructed her to cut them in half so they only gave her #45.
- 11. Respondent did not request or review the patient's previous medical records nor did he take x-rays or perform other diagnostic testing.
- 12. The patient's UDS at the time of her first visit was inconsistent with her stated medications and Respondent failed to address that issue with her.
- 13. Respondent did not enter into a controlled substance agreement with patient nor did he perform a pharmacy audit.

Case No. DO 15-0228A

Patient K.B.

- 14. Patient K.B. (DOB 11/24/1963), a then 51 year old male, had been seen by Respondent for several years but the medical records sent only date back to January of 2016. The patient had multiple medical problems, including hyperlipidemia, hypertension, restless leg syndrome, neuropathy, GERD, arthritis, back pain, left knee pain and chronic pain syndrome. At the time of the first reported visit the patient was already on oxycodone, Ativan, phentermine and Xanax. The patient was continued on these medications and treated for his other medical problems. The dose of each medication was documented but the number of pills was not documented.
- 15. In August of 2015, the patient reported he had been in a rehabilitation facility in California for alcohol and substance abuse. They had taken him off all controlled substances and alcohol. He had been diagnosed with bipolar disorder and started on Wellbutrin and Lamotrigine (Lamictal).
- 16. In December of 2015, the patient noted he was having a difficult time stopping the alcohol and had used Valium in the past. He noted he had tried AA but it was not helping him. He admitted to drinking 75M (?) vodka per day. Respondent advised he may try weaning

slowly and may try leaving some alcohol in the bottle each day. Respondent prescribed Valium 10mg but did not document the number.

17. Respondent prescribed patient K.B. oxycodone 30mg #180 per month and phentermine 37.5mg #30 per month from January of 2015 until June of 2015. In December of 2014 he received oxycodone #360, hydrocodone 10/325 #20 and Phentermine 37.5 #30.

PATIENT P.M.

18. Patient P.M. (DOB 4/29/1963), a then 51 year old female, had been seen in Respondent's office prior but the medical records sent only date back to January of 2015. The patient had multiple medical problems including migraine, insomnia, low back pain, spinal stenosis, seizure disorder, anemia and diverticulitis. Her medications included atenolol, Fioricet, Imitrex, Norvasc, oxycodone, Dilantin, Soma, Valium and Xanax. The patient fell while on vacation in Hawaii and sustained injuries to her wrists, right shoulder and a left tibial fracture. In July of 2015 she was diagnosed with diverticulitis with rupture and required a colon resection. She continued to complain of abdominal pain afterwards and was readmitted in September and November of 2015.

19. Respondent prescribed patient P.M. oxycodone 15mg #120-150 per month, Soma #90, Xanax 2mg #90, Temazepam 30mg #30 and occasionally hydrocodone #45-60 from February of 2015 until September of 2015. In October of 2015 she received Xanax 2mg #180, Soma #90, oxycodone 15mg #300 and oxycodone 20mg #150. In November of 2015 she received oxycodone 15mg #150, oxycodone 10mg #90, Temazepam 30mg #30, Soma #90 and oxycodone 20mg #150.

Case No. DO 16-0068A

20. The complainant is the CMO of IASIS Healthcare, Dr. Teresa Bertsch. Dr. Bertsch states patient K.C. died of asphyxia due to drowning on December 10, 2015. Her toxicology was positive for lorazepam. She states the patient had a history of a mood disorder, borderline personality disorder, multiple suicide attempts, controlled substance dependency, chronic pain and obesity. She states the patient was prescribed opioids and benzodiazepines by Respondent with no change in the dose or interval from July of 2015 until December of 2015.

21. She states that Respondent was contacted by a coordination of care physician at the health plan in November of 2015, to discuss the patient's use of pain medication and benzodiazepines in the context of her history of substance abuse and overdose attempts. She

notes Respondent agreed to review the patient's need for pain medication and, if still needed, he would use a limited supply. She states Respondent also agreed to transfer the patient's treatment for anxiety to her psychiatrist, which would include the prescribing of lorazepam.

- 22. She states the behavioral health notes indicate the patient was asked to taper off her opioid by Respondent and she requested additional medication for anxiety. Respondent then prescribed hydroxyzine. She notes the patient also reported she requested a weight loss medication from Respondent and he referred her to the behavioral health clinic. She states the patient received a prescription for phentermine from Respondent in September and October of 2015. Respondent also wrote K.C. prescriptions for Lorazepam 2mg #90 in November and December of 2015 and filled a prescription for oxycodone 10mg #120 in November of 2015.
- 23. Patient K.C. (DOB 11/11/1966), a then 48 year old female, was first seen in Respondent's office on December 15, 2014, to become established. The patient stated she was unhappy with the care she had received at the behavioral health center. She also noted she would like to discuss some anxiety medication. Her medications included Lamictal, levothyroxine 25 mcg, Zoloft and Zyprexa. Her past medical history was significant for depression, anxiety, hypothyroidism and bipolar disorder. Respondent prescribed Ativan 1mg #68.
- 24. The patient returned on December 29, 2014 and laboratory was reviewed. She was started on Crestor, Tricor, Topamax and Estrace. Ativan 1mg #30 was prescribed by Respondent.
- 25. The patient returned on January 22, 2015 for follow-up. Respondent noted the patient would need a pap and pelvic and mammogram. Her medications were refilled and she was changed to Zocor.
 - 26. The patient returned monthly and Respondent refilled her Ativan.
- 27. The patient was started on Norco 5/325 on March 19, 2015 when she complained of low back pain.
- 28. In May of 2015, Respondent started the patient on chlordiazepoxide (Librium) 10mg for "bipolar disorder". On May 18, 2015 the patient called noting "the lithium is not helping like she had hoped, and would like to continue the Ativan instead".
- 29. On June 11, 2015 the patient noted her psychiatrist had recommended she start on Metformin for weight loss.

6 7

9

8

11

10

13

12

15

14

16

17 18

19

21

20

22 23

24

25

- 30. The patient called in distress in June of 2015, noting the behavioral health clinic was not helping her with her depression and wanted Respondent to manage her depression. She was seen in the office on June 29, 2015 and Respondent started her back on Zyprexa and Remeron.
- 31. On July 20, 2015 the patient was seen and complained of pain in her lower leg. Respondent started her on oxycodone 5mg #120. He noted he would consider a referral to a psychiatrist as the patient was still unhappy with the behavioral health clinic.
- 32. Respondent started patient on Gabapentin on August 5, 2015. The oxycodone was increased to 10mg on October 8, 2015 for right hip pain. Respondent noted he would consider an MRI if the pain persisted.
- 33. The patient was seen on October 8, 2015 and was complaining her depression was much worse since she had increased the lorazepam. She noted she "would like to go back down to 35mg instead of 45mg".
- 34. The patient returned on November 5, 2015 complaining of weight gain with her psychiatric medications. Respondent noted "long discussion and research re several meds and effects phentermine no effect because it's such a problem for her so will increase Synthroid and try Adderall. Pt aware of reasons for the mentioned meds and knows they aren't for treating associated pathologies. To follow closely see 2 weeks" [sic]. The patient was prescribed Synthroid 75mcg and Synthroid 100mcg. She was started on Tofranil and Adderall 20mg.
- 35. The patient returned on December 7, 2015 noting her psychiatrist had changed her medication to Wellbutrin from Remeron. She noted she was feeling very tired. Respondent noted "Didn't open her mail and didn't know re pain clinics will try health center and desires to wean off, I can't help".
- 36. The autopsy report performed on December 13, 2015, listed the cause of death as asphyxia due to drowning/suicide. The patient left suicide notes and drowned in the bathtub. Her toxicology screen was positive for lorazepam, oxycodone, ethanol, acetaminophen, multiple anticonvulsants and antidepressants and dextromethorphan.
- 37. According to the pharmacy audit performed by Board staff from November 1, 2014-December 1, 2015, Respondent prescribed Ativan 1mg every month from December of 2014 until May of 2014. In May she was prescribed chlordiazepoxide 10mg #112 and then the next month (June) she was changed to Ativan 2mg. She was prescribed Ativan 2mg #90 per

10 11

12

13

14

15 16

17

18 19

20

21 22

23 24

25

month until December of 2014. The patient was started on oxycodone 5mg #120 in July of 2014 and was continued monthly until October of 2014 when it was increased to 10mg #120. The patient was also prescribed phentermine 37.5mg #30 in September and October of 2014.

- 38. According to the pharmacy audit performed by Board staff on patient K.C. from December of 2014 until December of 2015, Respondent prescribed Ativan 1-2mg #90-#120 each month. He last prescribed Ativan 2mg #90 on December 7, 2015. He also prescribed Librium #112 in May of 2015. He prescribed hydrocodone #60 in March and April of 2015. He prescribed oxycodone 5mg #120 in July, August and September of 2015. He prescribed oxycodone 10mg #120 in October and November of 2015. He prescribed Phentermine 37.5mg #30 in September of 2015.
- 39. The medical records sent to the Board for review did not include laboratory results or x-rays.
- 40. Respondent failed to perform UDS. Respondent did not enter into a controlled substance agreement with patient K.C. and no pharmacy audit was performed.
- 41. Respondent failed to document the phone call/discussion with the coordination of care physician at the health plan.
- 42. This was a complex patient with multiple serious psychiatric issues and most likely beyond the scope of treatment by a primary care physician. Respondent attempted to treat the patient's depression and anxiety because she stated she was unhappy with her current care.
- 43. According to the medical record Respondent increased the patient's Synthroid to a very high dose for weight loss.
- 44. Respondent continued to prescribe controlled substances to patient K.C. even though he had been warned about her history of drug dependence and suicide attempts.
- 45. There are portions of Respondent's medical record for K.C. that are indecipherable.

CONCLUSIONS OF LAW

Case No. DO 15-0118A and DO 15-0228A and DO 16-0068

1. The conduct and circumstances described above constitutes unprofessional conduct pursuant to A.R.S.§32-1854(6), which states "Engaging in the practice of medicine in

23

24

25

a manner that harms or may harm a patient or that the board determines falls below the community standard."

2. The conduct and circumstances described above constitutes unprofessional conduct pursuant to A.R.S. § 32-1854 (38), which states, "Any conduct or practice that endangers a patient's or the public's health or may reasonably be expected to do so."

ORDER

IT IS HEREBY ORDERED THAT:

- 1. License no. 0468, previously issued to William Curtis Stonecipher, D.O., for the practice of osteopathic medicine in the state of Arizona, is SURRENDERED, and that William Curtis Stonecipher, D.O. shall no longer engage in the practice of medicine in the state of Arizona upon the effective date of this Order.
- 2. Any violation of this Consent Agreement constitutes unprofessional conduct and may result in referral to the appropriate law enforcement agency.
- 3. Respondent agrees he shall not apply for an osteopathic medical license for a period of at least five (5) years from the effective date of this Consent Agreement. The effective date of this Consent Agreement is the date it is signed by the Board's Executive Director.



OSTEOPATHIC EXAMINERS IN MEDICINE AND SURGERY

Jenna Jones, Executive Director

_	day o
2	November, 2016 with the:
3	Arizona Board of Osteopathic Examiners
4	In Medicine and Surgery
E	9535 East Doubletree Ranch Road Scottsdale AZ 85258-5539
5	
6	COPY of the foregoing "Consent for Surrender of License"
7	sent via mail thisday of
8	William Curtis Stonecipher, DO.
9	Address of record
10	COPY of the foregoing "Consent for Surrender of License" sent via
11	electronic mail this The day of Movember, 2016 to:
	Jeanne M. Galvin, Assistant Attorney General
12	Office of the Attorney General SGD/LES
13	1275 West Washington
14	Phoenix AZ 85007
15	and the second s
16	#5869987
17	
18	
19	
20	
21	
22	
23	
24	
1	1